



RULE-MAKING ORDER
(RCW 34.05.360)

CR-103 (10/1/89)

Agency: Criminal Justice Training Commission

- Permanent Rule
- Emergency Rule

(1) Date of adoption: June 13, 1991

(2) Purpose: To establish a physical fitness standard as an academy admissions requirement for recruit law enforcement officers.

(3) Citation of existing rules affected by this order:

- Repealed:
- Amended: 139-05-230
- Suspended:

(4) Authority for adoption:

- Statute: 43.101.080(2)
- Other Authority:

(5.1) PERMANENT RULE ONLY

Pursuant to notice filed as WSR 91-10-089 on May 1, 1991 (date).
 Describe any changes other than editing from proposed to adopted version:
 none

(5.2) EMERGENCY RULE ONLY

Pursuant to RCW 34.05.350 the agency for good cause finds:

- (a) That immediate adoption, amendment, or repeal of a rule is necessary for the preservation of the public health, safety, or general welfare, and that observing the time requirements of notice and opportunity to comment upon adoption of a permanent rule would be contrary to the public interest.
- (b) That state or federal law or federal rule or a federal deadline for state receipt of federal funds requires immediate adoption of a rule.

Reasons for this finding:

(5.3) Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?

- Yes No If yes, explain:

(6) Effective date of rule:

Permanent Rules

Emergency Rules

- 31 days after filing
- Other (specify) 7/1/91 *
- Immediately
- Later (specify) _____

*(If less than 31 days after filing, specific finding in 5.3 under RCW 34.05.380(3) is required)

CODE REVISER USE ONLY

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STATE OF WASHINGTON
FILED

JUN 24 1991

TIME: 1:27 *AM*
 WSR: 91-14-011

FORM 107 (10/89) (OR PRINT)

James C. Scott

James C. Scott
 Executive Director

DATE
6/21/91

AMENDATORY SECTION (Amending Order No. 21D filed 12/12/90)
WAC 139-05-230 PHYSICAL REQUIREMENTS FOR ADMISSION TO
BASIC LAW ENFORCEMENT ACADEMY. Each successful applicant
for admission to a basic law enforcement academy sponsored
or conducted by the Washington State Criminal Justice
Training Commission shall possess good health and physical
capability to actively and fully participate in defensive
tactics training and other required physical activities.
In order to minimize risk of injury and maximize the
benefit of such participation, each trainee in any academy
session commencing on or after July 1, (~~1991~~) 1992,
shall, as a precondition of his or her academy attendance,
demonstrate a requisite level of physical fitness, as
established by the Training Commission.

For this purpose, each academy applicant shall be evaluated
in the assessment areas of aerobic capacity, strength, and
flexibility, in accordance with the requirements and
procedures established by the Training Commission. Such
evaluation shall be based upon performance ratings which
are normed to the general population and appropriately
adjusted for consideration of the age and gender of the
applicant.

Failure to demonstrate a requisite level of fitness within
each assessment area will result in ineligibility for
academy admissions and/or attendance.